

How confidential is the program?

- Your statements and any records, referrals, diagnosis or treatment are maintained confidentially by EAP.
- Information is not shared with supervisors or other hospital personnel.
- No information about you will be released without your written consent, unless we are mandated by state law to report information. Ask us if you have any questions.
- Information is not filed with any insurance company or third party for EAP sessions.
- There is not a co-pay or any other payment required - this is a benefit of your employment.



What is the purpose of confidentiality?

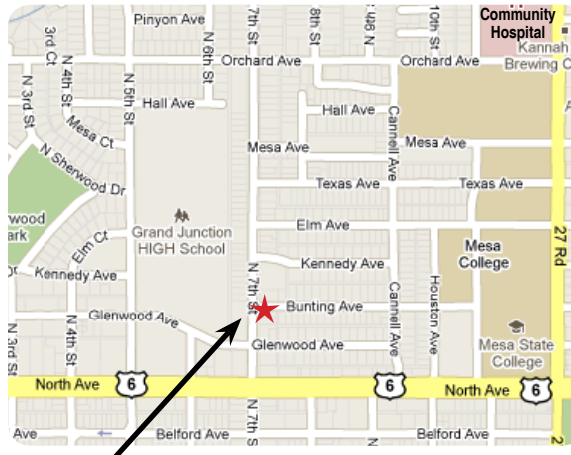
- If you are to receive accurate information, you must have the confidence to be open and honest.
- EAP personnel recognize that honesty demands respect.

For further information, please contact:

Community Hospital Behavioral Health Services/EAP

1300 N. 7th Street, Suite 4
Grand Junction, CO 81501
(970) 242-9026 Office

www.YourCommunityHospital.com



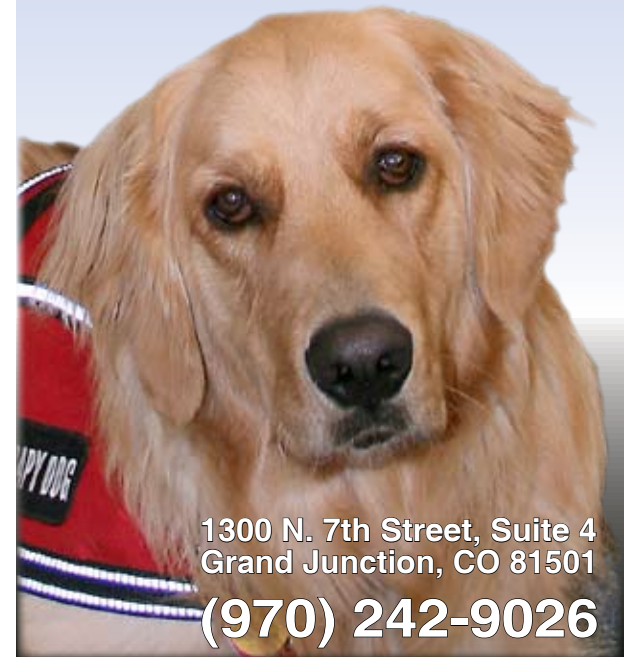
The Community Hospital EAP office is located at 1300 N. 7th Street, Suite 4.

*Finding solutions through
counseling is the first step
toward reaching your goals.
EAP is here to help.*

Behavioral Health Services/
EAP After Hours:
(970) 242-9026

Community Hospital

Employee Assistance Program (EAP)



1300 N. 7th Street, Suite 4
Grand Junction, CO 81501
(970) 242-9026

What services does this program provide?

- Free, confidential counseling sessions, up to five (5) visits per employee, as well as for their dependent family members each calendar year.
- Referrals to competent professionals for counseling, debt reduction, assistance, etc.
- Communication skills, conflict resolution.
- Team building, work relationships, and departmental development.

When should I call EAP?

- Call EAP when you first recognize that a personal, financial, emotional or other stressful situation is beginning to interfere with your ability to do and be your best.

What will happen when I call the EAP number?

- During business hours the administrative assistant will answer questions and set appointments.
- After hours the therapist on call will be paged.

Office Hours:

Monday - Friday • 8 am - 5 pm

How do I reach our EAP?

- Call (970) 242-9026 or
- After hours (970) 242-9026 to have the therapist paged for emergencies
- E-mail the Director of Psychological Services at ldavis@gjhosp.org

What are some of the areas EAP can help me with?

- Personal relationships
- Work stress
- Emotional conflicts
- Healthcare resources
- Parenting
- Transitions
- Decision making skills
- Aging parents
- Teenage adjustments
- Dealing with anger
- Drug and alcohol interventions
- Bereavement
- Marriage and/or family concerns
- Addictive behaviors
- Financial prioritizing

