

*August 23, 2010*

## **Press Release**

### **Community Hospital's Tour of the Valley Now Offers Options for 2-Days of Cycling**

Grand Junction, CO - Join us for Tour 22 Weekend!

The famous Tour of the Valley event now offers cyclists the option of a full weekend of cycling and cycling events to take place in Grand Junction, Colorado on August 28 & 29, 2010.

Saturday gives cyclists a taste of some of our finest road or mountain biking; Saturday evening you can enjoy a screening of *A Race Across the Sky*.

Sunday cyclists will take to the Grand Valley roads for the annual Tour of the Valley Century Ride. For 21 years riders of all abilities have relished the diverse scenic beauty of the Grand Valley in this noncompetitive ride. Tour routes are 30, 50, 75 and 100 miles. Cyclists come from all over the United States for the event; this year cyclists are traveling from as far away as Oregon, California, Arizona and New Mexico to enjoy the ride.

Monies raised from the Tour of the Valley benefit Community Hospital's outreach activities to promote healthy eating and lifestyles for the youth of our area and help support the Mesa State College Cycling Team and the Neil Bradford scholarship fund at Mesa State College.

Pre- and post-ride activities take place at the Doubletree Hotel on Horizon Drive. Riders may check-in and enjoy breakfast from 6–8:30 a.m., with the post-ride activities starting at 11 a.m.

For full information, activities schedule, event details and to register, visit:  
[YourCommunityHospital.com](http://YourCommunityHospital.com).

The Colorado National Monument will be hosting *A Walk Through Time* on Rim Rock Drive in conjunction with the Tour of the Valley.

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