



Preparedness, Information and Planning Division
Communicable Disease Program

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MESSAGE ID:08312009 2:00pm

FROM: Mesa County Health Department

SUBJECT: Reissue of- Updated Reporting & Testing Guidelines for Novel Influenza A (H1N1)

RECIPIENTS: Emergency Departments, ICPs, Local Public Health Agencies, Laboratories

RECIPIENT INSTRUCTIONS: This guidance is in effect until notified by CDPHE or the Mesa County Health Department.

This message can also be found on www.cohan.state.co.us

HEALTH UPDATE

Updated Reporting & Testing Guidelines for Novel Influenza A (H1N1)

PLEASE NOTE: This is a "re-issue" by Mesa County Health Department of the June 2nd, 2009 guidance from CDPHE. This update provides interim guidance which might change in the weeks ahead as more information becomes available.

CDPHE's current testing priority is to conduct public health monitoring for more severe illness due to novel influenza A (H1N1).

- It is neither necessary nor feasible to test for H1N1 in every person with influenza-like illness.
- H1N1 testing is now available through one or more commercial laboratories.
- Persons with uncomplicated influenza-like illness who are not at high risk for influenza complications do NOT need to be seen by a health care provider and do NOT need to be tested for H1N1.
- Influenza-like illness is defined as **fever** with one of the following;
 - Cough or sore throat or respiratory illness.
- Persons at high risk for influenza complications who are seen in the outpatient setting can be managed similar to "seasonal" influenza, either empirically or based on rapid influenza testing (which might have either false positive or false negative results).
- CDPHE testing for H1N1 is not intended for diagnosis and clinical management.
- Patients seen with influenza-like illness (ILI) should be instructed to stay home and not expose others **for 24 hours after fever has stopped without the use of fever-reducing medications.**

Reporting and Testing Guidelines

HOSPITALIZED Persons with SEVERE Febrile Respiratory Illness <65 Years Old

- Severe febrile respiratory illness is defined as:
 - Temperature > 38°C

PLUS

 - pneumonia (community onset) OR acute respiratory distress OR ARDS
- Hospitals do NOT need to “screen “ for influenza with rapid flu tests
- If rapid flu testing is performed, DO NOT submit specimens to CDPHE for H1N1 testing if:
 - Rapid flu test is **NEGATIVE**
 - Rapid flu test is positive for Type B
- To collect and submit specimens for novel influenza A (H1N1) testing by RT-PCR at the state laboratory:

Acceptable specimens include:

- Nasopharyngeal swab placed in viral transport media (or 1ml of sterile saline), that has not been used in rapid flu testing
- Nasal wash (in sterile container)
- Nasal (anterior nares) swab PLUS throat swab placed in viral transport media (or 1ml of sterile saline), that has not been used in rapid flu testing
- Wood shaft swabs should not be used
- Patients for whom specimens are being submitted should be reported to **Mesa County Health Department Communicable Disease Reporting line: 254-4120.**
- Refrigerate specimens until transport with cold packs to the state laboratory.
- Personal protective measures should be taken by medical personnel obtaining specimens from patients being tested for novel influenza A (H1N1).
 - for routine specimen collection, use STANDARD plus DROPLET level precautions
 - for specimens collected during aerosolizing procedures (e.g., bronchoscopy, deep open tracheal suctioning), use AIRBORNE level precautions (see: <http://www.cdphe.state.co.us/epr/Public/H1N1/ClinicianGuidance.html>)

Respiratory Hygiene

- To prevent the transmission of all respiratory infections in healthcare settings, including novel influenza A (H1N1), Respiratory Hygiene/ Cough Etiquette infection control measures should be implemented at the first point of contact with a potentially infected person. See: <http://www.cdc.gov/flu/professionals/infectioncontrol/resphygiene.htm> .

More Information about Novel Influenza A (H1N1)

- <http://www.cdphe.state.co.us/epr/H1N1.html>
- <http://www.cdc.gov/h1n1flu/index.htm>

If you need additional information, you can contact Mesa County Health Department’s 24/7 Communicable Disease line at 254-4120.