

Flu & You!



It's as easy as 1, 2, 3...

1 It's not too late! A flu vaccine is the best way to protect yourself from getting the flu.

2 Wash your hands often to prevent spread to others.

3 Stay home if you are sick!



Protect yourself and others!

Flu vaccines are available through the
Mesa County
Public Health Clinic
Call 248-6900 to schedule your appointment.